

**ASUHAN KEBIDANAN *CONTINUITY OF CARE* (COC) PADA NY. “Y”
DI WILAYAH KERJA PUSKESMAS BALUNG
KABUPATEN JEMBER**

CONTINUITY OF CARE



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JEMBER
2025**

SINOPSIS

Nur Adi Irmayanisa'adah 2025. *Continuity Of Care* Pada Ny. "Y" 26 Tahun di Wilayah Kerja Puskesmas Balung. Asuhan Kebidanan *Continuity Of Care*. Program Studi Profesi Kebidanan Universitas dr. Soebandi Jember: (1) Ai Nur Zannah, S.ST.,S.Keb.,M.Keb (2) Wigati, A.Md.Keb

Tingginya angka kematian ibu dan bayi menunjukkan masih rendahnya cakupan serta kualitas pelayanan maternal dan neonatal. Salah satu upaya yang dapat dilakukan untuk menekan angka tersebut adalah penerapan asuhan kebidanan secara *continuity of care*. Tujuan utama yaitu memberikan asuhan kebidanan secara *continuity of care* dengan menggunakan amanejemen kebidanan.

Laporan kasus ibu hamil trimester 3, bersalin, nifas, neonatus dan KB di wilayah kerja Puskesmas Balung dengan menggunakan metode pendokumentasian SOAP, meliputi pengkajian Subyektif, Objektif, Assessment, dan Penatalaksanaan. Asuhan kehamilan pada Ny "Y" dilaksanakan kunjungan 1x pada UK 38-39 minggu tanggal 25 Januari 2025 dengan analisa G2P1A0 dengan kehamilan fisiologis. Ny. "Y" bersalin pada tanggal 08 Februari 2025 spontan pervaginam di PMB Wigati, A.Md.,Keb dengan lama persalinan kala I berlangsung selama 1,5 jam, lama kala II 30 menit, pasenta lahir lengkap 15 menit, lama kala IV 2 jam. Ada robekan laserasi derajat 2. Bayi Ny "Y" lahir pukul 19.30 WIB, bayi menangis kuat, gerakan aktif, dengan jenis kelamin perempuan, BB: 3400 gr, PB: 50 cm, IMD berhasil. Kemudian dilakukan kunjungan neonatus sebanyak 3 kali dengan hasil normal dan tidak ada tanda infeksi. Pada masa nifas dilakukan kunjungan 4x dengan hasil normal dan tidak ada tanda bahaya pada masa nifas. Ny "Y" menggunakan KB suntik 3 bulan.

Hasil laporan kasus pada asuhan kebidanan mulai dari kehamilan hingga KB berlangsung normal dan tidak ada komplikasi. Diharapkan setelah diberikan asuhan Ny. "Y" dapat menerapkan asuhan kepada diri dan bayinya secara mandiri.

SYNOPSIS

Nur Adi Irmayanisa'adah 2025. *Continuity Of Care for Ms. "Y", 26 Years Old, in the Work Area of Balung Health Center. Continuity Of Care Midwifery Care. Midwifery Profession Study Program, Universitas dr. Soebandi Jember: (1) Ai Nur Zannah, S.ST.,S.Keb.,M.Keb (2) Wigati, A.Md.Keb*

The high maternal and infant mortality rates indicate the still low coverage and quality of maternal and neonatal services. One of the efforts that can be made to reduce these numbers is the implementation of midwifery care through continuity of care. The main goal is to provide midwifery care through continuity of care using midwifery management.

Report on a case of a third-trimester pregnant woman, childbirth, postpartum, neonate, and family planning in the working area of Balung Health Center using the SOAP documentation method, including Subjective, Objective, Assessment, and Management evaluations. Pregnancy care for Mrs. "Y" was conducted with one visit at 38-39 weeks of gestation on January 25, 2025, with an analysis of G2P1A0 and a physiological pregnancy. Mrs. "Y" gave birth on February 8, 2025, spontaneously per vaginam at PMB Wigati, A.Md.,Keb, with the first stage of labor lasting 1.5 hours, the second stage 30 minutes, the placenta delivered completely in 15 minutes, and the fourth stage 2 hours. There is a second-degree laceration. Baby Ms. "Y" was born at 19:30 WIB, the baby cried strongly, was active, female, with a birth weight of 3400 grams, a length of 50 cm, and successful immediate breastfeeding. Then, neonate visits were conducted 3 times with normal results and no signs of infection. During the postpartum period, 4 visits were conducted with normal results and no danger signs during the postpartum period. Ms. "Y" uses a 3-month injectable contraceptive.

The case report results on midwifery care from pregnancy to family planning were normal and without complications. It is expected that after receiving care, Mrs. "Y" will be able to independently apply care to herself and her baby.

LEMBAR PENGESAHAN

Laporan *Continuity Of Care* (COC) yang berjudul "Asuhan Kebidanan *Continuity Of Care* (COC) Pada Ny. "Y" Di Wilayah Kerja Puskesmas Balung Kabupaten Jember 2025" telah diperiksa dan dipertahankan dihadapan Tim penguji

Jember, 09 Juli 2025

Tim Penguji

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