

**ASUHAN KEBIDANAN *CONTINUITY OF CARE* (COC) PADA NY “M”  
DI WILAYAH TPMB Bd. IKAWATI WULANDARI, SST  
KABUPATEN JEMBER**

***CONTINUITY OF CARE* (COC)**



**Oleh :**  
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JEMBER  
2025**

## SINOPSIS

**Alfa Vernolita Wonyn Pramita Ayu 2025. *Continuity Of Care* Pada Ny. "M" 22 Tahun di Wilayah TPMB Bd. Ikawati wulandari, SST. Asuhan Kebidanan *Continuity Of Care*. Program Studi Profesi Kebidanan Universitas dr. Soebandi Jember: (1) Dinar Perbowati, S.ST., M.Kes (2) Bd Ikawati Wulandari, SST**

Asuhan kebidanan berkesinambungan (*Continuity of Care*) adalah serangkaian kegiatan pelayanan yang berkelanjutan dan menyeluruh dari kehamilan, persalinan, nifas, pelayanan baru lahir serta pelayanan keluarga berencana. Tujuan utama coc untuk memantau kondisi ibu dan bayi secara continue dan menyeluruh. Laporan kasus ibu hamil trimester 3, bersalin, nifas, neonatus dan KB di Wilayah Kerja TPMB Bd. Ikawati wulandari, SST dengan menggunakan 4 langkah SOAP, meliputi pengkajian Subyektif, Objektif, Assessment, dan Penatalaksanaan. Asuhan kehamilan pada Ny "M" dilaksanakan kunjungan 1x pada UK 38 minggu tanggal 10 Mei 2025 dengan analisa G1P0A0 dengan kehamilan fisiologis. Ny. "M" bersalin pada tanggal 15 Mei 2025 spontan pervaginam di TPMB Bd.Ikawati Wulandari, SST dengan lama persalinan kala I berlangsung selama 4 jam, lama kala II 40 menit, pasenta lahir lengkap 15 menit. Bayi Ny. "M" lahir pukul 15.10 menangis kuat, gerakan aktif, dengan jenis kelamin laki-laki, BB: 3200 gr, PB: 48 cm, IMD berhasil. Kemudian dilakukan kunjungan neonatus sebanyak 3 kali dengan hasil normal dan tidak ada tanda infeksi. Pada masa nifas dilakukan kunjungan 4x dengan hasil normal dan tidak ada tanda bahaya pada masa nifas. Ny. "M" akan menggunakan KB suntik 3 bulan setelah selesai masa nifas.

Hasil laporan kasus pada asuhan kebidanan mulai dari kehamilan hingga KB berlangsung normal dan tidak ada komplikasi. Diharapkan setelah diberikan Asuhan Ny. "M" dapat menerapkan asuhan kepada diri dan bayinya secara mandiri.

## SYNOPSIS

**Alfa Vernolita Wony Pramita Ayu 2025. Continuity of Care for Mrs. 'M' 22 Years in the TPMB Bd. Ikawati Wulandari, SST. Midwifery Care Continuity of Care. Professional Study Program of Midwifery at Universitas dr. Soebandi Jember: (1) Dinar Perbawati, S.ST., M.Kes (2) Bd Ikawati Wulandari, SST**

*Continuity of Care in Midwifery is a series of ongoing and comprehensive services from pregnancy, childbirth, postpartum care, newborn care, and family planning services. The main goal of continuity of care is to monitor the condition of mothers and babies continuously and comprehensively. This case report is about a pregnant woman in her third trimester, giving birth, postpartum care, newborn care, and family planning in the Working Area of TPMB Bd. Ikawati Wulandari, SST, using the 4 SOAP steps, consisting of Subjective, Objective, Assessment, and Management. The pregnancy care for Mrs. "M" was conducted with a visit once at 38 weeks gestation on May 10, 2025, analyzed as G1P0A0 with a physiological pregnancy. Mrs. "M" gave birth on May 15, 2025, spontaneously via the vaginal route at TPMB Bd. Ikawati Wulandari, SST, with the first stage of labor lasting 4 hours, the second stage lasting 40 minutes, and the placenta being delivered completely after 15 minutes. Mrs. 'M's baby was born at 3:10 PM, crying loudly, with active movements, male gender, birth weight: 3200 grams, birth length: 48 cm, and successful early skin-to-skin contact. There were three neonatal visits, all with normal results and no signs of infection. During the postpartum period, there were four visits, all with normal results and no danger signs during the postpartum period. Mrs. 'M' will use depot birth control after three months post-delivery.*

*The case report on maternal care from pregnancy to contraception was normal with no complications. It is hoped that after receiving care, Mrs. 'M' can apply the care for herself and her baby independently.*

## LEMBAR PENGESAHAN

Laporan *Continuity Of Care* (COC) yang berjudul "Asuhan Kebidanan *Continuity Of Care* (COC) Pada Ny. "M" Di Wilayah TPMB Bd. Ikawati Wulandari, S.ST Kabupaten Jember 2025" telah diperiksa dan dipertahankan dihadapan Tim penguji

Jember, 08 Juli 2025

Tim Penguji

Ketua Penguji I

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Penguji II

Dinar Perbowati, SST, M.Kes  
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Penguji III

Bd. Ikawati Wulandari, SST  
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Mengesahkan,  
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