

**ASUHAN KEPERAWATAN PADA NY.M DENGAN MASALAH KETIDAK  
STABILAN GULA DARAH PADA KASUS DIABETES MILITUS DENGAN TERAPI  
BEKAM DI *HOLISTIC*  
*NURSING THERAPY* PROBOLINGGO**

KARYA ILMIA AKHIR NERS



Oleh :

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**PROGRAM STUDI ILMU KEPERAWATAN  
FAKULTAS ILMU KESEHATAN  
UNIVERSITAS dr. SOEBANDI  
JEMBER  
2024**

**LEMBAR PENGESAHAN**

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KETIDAK STABILAN GULA DARAH PADA KASUS DIABETES  
MILITUS DENGAN TERAPI BEKAM DI HOLISTIC  
NURSING THERAPY PROBOLINGGO**

**KARYA ILMIAH AKHIR NERS**

**Disusun Oleh:**

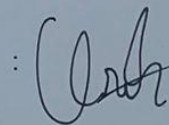
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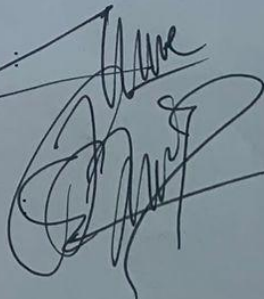
Telah berhasil dipertahankan di hadapan Dewan Penguji dalam ujian Karya Ilmiah Akhir Ners pada Tanggal Bulan September Tahun 2024 dan telah di terima sebagai bagian persyaratan yang di perlukan untuk meraih gelar Ners pada Program Studi Profesi Ners Fakultas Ilmu kesehatan Universitas dr. Soebandi Jember

**DEWAN PENGUJI**

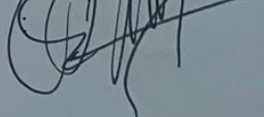
Penguji 1 : Guruh Wirasakti, S.Kep., Ns., M.Kep

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Penguji 2 : Ishak S.Kep., Ns., CWCCA.

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Penguji 3 : Yunita Wahyu Wulansari S.Kep.Ns,M.Kep

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## ABSTRACT

***Ita.Nuria.Sukma\*.Wulansari.wahyu.yunita\*\*.*** 2024 Nursing Care for Mrs. M with Blood Probolinggo. Final Scientific Paper. Nursing Study Program, Dr. Soebandi University, Sugar Instability Problems in Diabetes Mellitus Cases with Cupping Therapy at Holistic Nursing Therapy Jember.

***Introduction :*** Diabetes mellitus is a chronic disease in the form of a metabolic disorder in which the body is unable to produce the hormone insulin which is characterized by sugar levels exceeding normal limits. Diabetes mellitus is characterized by hyperglycemia, which is a condition that indicates an increase in blood glucose levels. Cupping is an alternative treatment that is done by removing dirty blood from the body through the surface of the skin. ***Method:*** This study was conducted descriptively in the form of a case study with inclusion criteria of patients suffering from diabetes mellitus and exclusion criteria of patients who have diabetes mellitus wounds. ***Results and Discussion:*** After cupping therapy intervention for 30 minutes, the patient's blood sugar instability problem was stable. The mechanism of cupping healing in diabetes and other diseases is based on the theory of organ activation, where cupping will activate organs that regulate blood flow such as the liver, kidneys and heart so that these organs remain active in regulating blood circulation so that blood pressure is maintained. ***Conclusion:*** The results of wet cupping therapy in patients with diabetes mellitus are very influential in stabilizing blood sugar levels